

# Preparation for the MRI

Bring a copy of the order for the procedure from your referring physician.

No special preparation is needed for most MRI examinations.

The weight limit for the closed high-field MRI is 440 lbs.

Before studies of the brain, spine or joints you may eat a regular diet. For studies of the abdomen or pelvis you should refrain from eating or drinking for 4 hours.

Take your usual medications.

Wear comfortable, loose clothing. You may be asked to change into a gown.

Before entering the MRI room you must remove ALL metallic objects including hearing aids, dentures, partial plates, keys, beeper, cell phone, eyeglasses, hair pins, barrettes, jewelry, body piercing jewelry, watch, safety pins, paperclips, money clip, credit cards, bank cards, magnetic strip cards, coins, pens, pocket knife, nail clippers, tools, clothing with metal fasteners, and clothing with metallic threads.

The MRI system has a very strong magnetic field that is always on. Improper entry to the MRI scanning room may result in serious injury or death. Do not enter the scanning room without the permission of the technologist or Radiologist. Do not enter the MRI room if you have any question or concern regarding the safety of an implant or device.

The following devices may be hazardous to you and/or interfere with the MRI examination:

Aneurysm clip(s)	Artificial or prosthetic limb
Cardiac pacemaker	Metallic stent, filter, or coil
Implanted cardioverter defibrillator (ICD)	Shunt (spinal or intraventricular)
Electronic implant or device	Vascular access port and/or catheter
Magnetically-activated implant or device	Radiation seeds or implants
Neurostimulation system	Swan-Ganz or thermodilution catheter
Spinal cord stimulator	Medication patch (Nicotine, Nitroglycerin)
Internal electrodes or wires	Any metallic fragment or foreign body
Bone growth/bone fusion stimulator	Wire mesh implant
Cochlear, otologic, or other ear implant	Tissue expander (e.g. breast)
Hearing aid	Surgical staples, clips, or metallic sutures
Insulin or other infusion pump	Joint replacement (hip, knee, etc.)
Implanted drug infusion device	Bone/joint pin, screw, nail, wire, plate, etc.
Any type of prosthesis (eye, penile, etc.)	IUD, diaphragm, or pessary
Heart valve prosthesis	
Eyelid spring or wire	



**OPTIMAL IMAGING**

St. Vincent's HealthCare

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